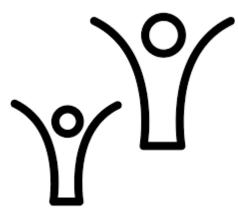
PSI WELL NEWSLETTER

Erasmus+







University of Lleida - Training time. June, 25-29

Training outline

Day 1.

Review the trainer's manual and the lessons (4 h).

Adult learning. Learning frames; Adult learning principles (2h)

Assessment methodology (2h)

Day 2.

Conducting training. Preparation for training. Agenda planning (2h)

Ice breakers and energizers (2h)

Keeping trainees focused (2h)

Dealing with difficult situations/participants (2h)

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Day 3.

Communication skills (listening skills, summarizing, paraphrasing, effective questioning) (2h).

Presentation skills (2h).

Constructive feedback (2h)

Using methodology (2h)

Day 4.

Using methodology (group exercise, brainstorming exercise, role plays, case studies) (3h) Simulations: Assign trainees to deliver individual sections to the group for 20 minutes, followed by 10 minutes discussions, constructive feedback and debriefing (5h)

Day 5.

Simulations: Assign trainees to deliver individual sections to the group for 20 minutes, followed by 10 minutes discussions, constructive feedback and debriefing (7h) Evaluation (1h)

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Building Bridges: Promoting Social Inclusion and Wellbeing for Families

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